



## Volunteers/members required

Some of you may know that the current committee of the NPFA have been in existence for approx 10 years now. We have had a fantastic time organising events for the upkeep of the playing field and playground and with fund raising and grants we have managed to bring the playground a little more into the 21<sup>st</sup> century. Some of our committee now feel that they have given as much as they can to the NPFA and would like to make this their last year so they can give some of their time back to their families who have sacrificed a lot for our charity. So with this in mind the year of 2016 will be a year of recruitment for the NPFA.

Requirements for these positions are:-

- Attendance at 1 meeting per month – to discuss events, issues, pay invoices, etc. These meetings are held at the Church Rooms usually on a Wednesday evening and are very informal.
- Organisational skills for the 3 events currently organised, i.e. Carols on the Green, The Gala and The Race Night. These events are our main fund raisers so probably need to be continued but new members = new ideas!!
- Fund Raising via grant applications
- Able to be in attendance at events.

**That is it!**



The committee needs to be around 12 strong with a list of volunteers who can step in to help at the events (such as friends, colleagues, long suffering husbands and wives and in some cases your children!!)

We have had a brilliant, fun and rewarding time volunteering on this charity but the time has come to **step down** to hopefully let young parents with fresh ideas **step up** to the job.

We aim to fulfil our roles for this year but **PLEASE COME ALONG TO OUR AGM ON THE 6<sup>th</sup> APRIL 2016 8pm at the Church Rooms on the Green** and you will be able to see what's required.

We will leave you with this thought: -

### **CHARITY WORK 'REDUCES DEATH RISK' (extract from Times of Malta.com 23.8.13)**

Volunteering has its own reward - it can help you live longer, research has shown. A review of studies into the long-term effects of charity work showed that people who volunteered had their risk of dying reduced by more than a fifth. Volunteers were also less likely to suffer from depression, and had higher levels of life satisfaction and well-being.